



Milbourne Lodge School
ad optima petenda

Extra-Curricular Clubs | Before & After School Care 2021 - 2022



A full range of Extra-Curricular activities and Before & After School Care Groups are available for the Pre-Prep and Prep children.

This booklet details the groups and activities currently available. Full details of clubs and activities offered are provided at the beginning of each term. Please contact the School office if you have any questions regarding Extra-Curricular activities.

Music and Sport activities are available in addition to the ones detailed.

Pre-Prep

Before and After School Care

Early Bird Group for Pre-Prep children 8am to 8.30am each morning

This is available to children in Reception, Year 1 and Year 2. The children are supervised in a Pre-Prep classroom by a member of the Pre-Prep staff until 8.30am when they are taken to their classroom. It is expected that the children will have had breakfast before they arrive, food will not be allowed in the classroom.

Parents of children attending the Early Bird Group are able to park in the Church Car Park between 7.55am and 8.15am and should take their child/children into the Pre-Prep via the MAIN SCHOOL entrance. Parents are asked to drop their child in Pre-Prep by 8.10am at the latest and MUST exit the Church Car Park by 8.15am to avoid traffic bottlenecks in Arbrook Lane.

Breakfast Club for Prep pupils & Pre-Prep siblings 7.45am to 8.15am each morning in the main school hall

The children are supervised and given a healthy, wholesome breakfast. At 8.15am the Prep children will go to their classrooms and any Pre-Prep children will be taken to join the Early Bird Group. Breakfast will be served from 7.45am – 7.55am; pupils need to be dropped off by this time at the latest in order to enjoy breakfast.

Spaces are limited and will be offered on a first come first served basis. Priority will be given to children in the Prep who wish to join this group. However, Pre-Prep children who either have an older sibling signed up for Breakfast Group or who require the facility due to exceptional family circumstances may also apply.

Pre-Prep After School Groups 3.30pm to 4pm each afternoon 3.30pm to 5.05pm each afternoon

These are supervised after school groups available to children in Reception, Year 1 and Year 2. One session runs from 3.30pm to 4pm each afternoon, and the other from 3.30pm to 5.05pm.

Pre-Prep

Extra - Curricular Clubs

PAID FOR CLUBS - Requiring sign up and payment via Cognita Connect each term

Chess

Wednesday 3.45pm – 4.30pm

PP2

Chess skills will be developed allowing pupils to play moves confidently and to introduce them to the various strategies upon which the game depends. As skills and confidence grow, so the class can interact and work on their match play capabilities.

Football

Thursday 3.45pm – 4.30pm

PP1 and PP2

An excellent opportunity to learn more about the skills required to be a better footballer, with teaching provided by professional coaches. Team games, individual skills and fun are the three key elements that form the basis of this activity. Classes are taken by 1st Touch Football Coaching.

Judo

RECEPTION

Tuesday 3.15pm–3.45pm

PP1 and PP2

Tuesday 3.45pm–4.15pm

An introduction to contact sports with opportunities for grading. This is a great Olympic sport that teaches discipline, balance and coordination. Classes are taken by Lloyd Nicholls – an experienced black belt. Initially children can wear their games kit, but should they wish to pursue the activity, a Judo kit can be acquired from Mr Nicholls.

The Art of Cooking

RECEPTION, PP1 and PP2

Monday 3.45pm – 4.30pm

This is designed so the children can have fun, hands-on cooking sessions. Staff led, our aim is to help the children learn to cook simple recipes and, by working with different ingredients, teach them about healthy eating. We hope to develop a love of cooking and a curiosity about food and where it comes from. While they are having fun, they also learn how to: follow instructions, measure, use equipment, be aware of kitchen risks, further develop their fine motor skills, recognise different types of fruit/vegetable/other ingredients, try new foods, work as a team, lay the table and tidy up their own mess! We provide all the ingredients, utensils and use of aprons.

Pre-Prep

Extra - Curricular Clubs

Playball

Monday 3.45pm – 4.30pm

RECEPTION

Playball helps children to build a foundation from which they can develop confidence in multiple sports skills. Playball develops a child's gross motor skills as well as broadening their personal and spatial awareness through a range of age-specific exercises. Lessons are designed to encourage physical and social development. Children's progress is monitored and reported upon.

Dance Club

Wednesday 3.45pm to 4.30pm

PP1 and PP2

This fun filled dance class combines learning, dance, exercise and fun and is a highly effective programme which encourages children to lead a healthy and active lifestyle. The children will learn a new dance every lesson in a huge variety of styles: pop, hip hop, Latin, salsa, reggaeton and more! The routines are complemented by a range of activities and games to improve co-ordination, team work, leadership and musicality skills. We finish each term with a short demonstration for the parents where children get a chance to perform and showcase some of the dances they have learnt.

Ballet Club

Thursday from 3.45pm to 4.45pm

RECEPTION, PP1 and PP2

This club offers both boys and girls a wonderful opportunity to develop their strength, agility and co-ordination by learning and practising a variety of ballet disciplines in a fun and effective manner. Each week the children will also learn a new routine, learning to move in time with music. The classes will not follow a set syllabus although at the end of each term, the children will perform for their parents so they can showcase all that they have learnt. Children should wear their white sports top and white shorts. However, children may wear ballet shoes and/or appropriate ballet clothing if they wish but there is no obligation to purchase these items.

Mini Crickets

Summer Term Only

PP2 – Fridays 4.15pm to 5pm

PP1 – Fridays 3.30pm to 4.15pm

Reception – Wednesdays 3.30pm to 4.15pm

A great opportunity to develop cricket skills for our Pre-Prep Children

OTHER CLUBS - Non paid for via Cognita Connect

Pre-Prep Lunchtime Sports Club

Autumn & Spring Terms

Mr Brooks runs a lunchtime sports club for each year group, one day a week. All children are invited to attend.

Chatterbooks

PP2

A book club for PP2 children run by Mrs Slocombe. The club meets every 3/4 weeks to discuss a particular book that the children have been reading.

Pre-Prep Music Lessons

Music is seen as an integral part of the curriculum in the Pre-Prep department. From Reception through to Year 2, class music lessons give pupils the opportunity to listen, create and explore as well as the chance to develop an all-important enjoyment of music. Musicianship is initially nurtured through singing and aural work (to develop musical memory, the inner ear and a true sense of pitch) and use of classroom percussion (to develop a sense of rhythm and pulse).

Individual music lessons in the Pre-Prep are focussed on the piano and violin. Reception children are considered too young for individual instrumental lessons. Starting formal lessons too young, before a child is ready (generally aged 6 onwards) can lead to frustration and early discouragement, and progress is much faster once a child has developed the co-ordination skills required, as well as the ability to concentrate and listen for a full one to one half hour session.

Pupils in the Pre-Prep have the opportunity to take up piano lessons from Year 1 and the violin from Year 2. They can then progress to other instruments in the Prep School. Lessons are mostly during the lunch-hour, games time, or after school. Every effort is made to ensure that boys and girls do not miss events such as trips or workshops for music lessons. Please do note that lunchtime lesson slots are very limited.

We do our best to accommodate all requests where possible, however there is currently very high demand for piano lessons in the Pre-Prep. Requests will therefore be allocated on a first- come first-served basis and priority will be given to older pupils first. It is therefore possible that your child may have to join a waiting list.

If you would like your child to have Piano lessons (PP1 and PP2) or Violin lessons (PP2), please email our Director of Music, Mrs Rachel Bowen-Perkins:

rachel.bowen-perkins@milbournelodge.co.uk

with your child's name and Year group for September, which instrument they would like to learn and current standard (if appropriate).

The personal information you provide will be passed to the relevant peripatetic music teacher. The agreement for music lessons is between the parent and the self-employed peripatetic music teacher, not Milbourne Lodge School. You will be contacted directly by the peripatetic music teacher to arrange music lessons. The rate for music lessons for 2021-2022 is £22 per half hour lesson billed termly at £220 per term paid in advance for a maximum of 30 lessons per academic year.

Once pupils reach NCY3, they have the opportunity to study a project on the Instruments of the Orchestra in class, and to participate in free instrumental taster sessions offered by the Music Department. This can be a good moment to make an informed decision about instrumental lessons. Instruments on offer at this stage include: flute, saxophone, clarinet, oboe, violin, trumpet, trombone, French horn, piano and guitar. Individual singing lessons are also available.

Prep

Before and After School Care

Breakfast Club for Prep pupils & Pre-Prep siblings

7.45am to 8.15am each morning
in the main school hall

The children are supervised and given a healthy, wholesome breakfast. At 8.15am the Prep children will go to their classrooms and any Pre-Prep children will be taken to join the Early Bird Group. Breakfast will be served from 7.45am – 7.55am; pupils need to be dropped off by this time at the latest in order to enjoy breakfast.

Spaces are limited and will be offered on a first come first served basis. Priority will be given to children in the Prep who wish to join this group. However, Pre-Prep children who either have an older sibling signed up for Breakfast Group or who require the facility due to exceptional family circumstances may also apply.

Homework Group

End of the school day until 5.05pm

This is available to children in Year 3, 4 and 5.

Children are supervised by a member of staff and are given a drink and a snack. They are encouraged to get on with their homework or read until the bell goes at 5.05pm. Children must be signed up for Homework Group in advance and for specific days e.g. every Monday and Wednesday. Please contact the school office if you would like your child to attend Homework Club.

Prep

Extra - Curricular Clubs

PAID FOR CLUBS - Requiring sign up and payment via Cognita Connect each term

Chess

YEAR 3

Monday lunchtime - 45mins

YEAR 4

Thursday lunchtime - 45 mins

YEARS 5+

Friday lunchtime - 45 mins

There are 3 chess groups. Pupils are divided into the groups depending on age, previous chess experience and other extra-curricular activities. In the Spring Term, pupils take part in the UK Chess Challenge, the largest chess tournament in the world. Those scoring sufficient points get the opportunity of moving on to the regional Mega finals and even further to the national stages if they show enough talent.

Judo

Tuesday 4.15pm – 5pm

YEARS 3 TO 5

An introduction to contact sports with opportunities for grading. This is a great Olympic sport that teaches discipline, balance and coordination. Classes are taken by Lloyd Nicholls – an experienced black belt who is also the Surrey Team Manager. Classes take place in the hall. Initially children can wear their games kit, but should they wish to pursue the activity a Judo kit can be acquired from Mr Nicholls.

Speech and Drama - LAMDA

Monday, Tuesday, Wednesday & Thursday
from lunchtime onwards.

These lessons are taken by Wayne Hamer, Stagestars Theatre Schools and are in preparation for graded examinations by LAMDA (London Academy of Music and Dramatic Art), www.lamda.org.uk/exams. Fees for these examinations are not included in the termly fee, you will be notified accordingly of the additional amount. Lessons are offered in a group (up to 6 children) or as a duo (2 children).

Early Morning Swim Club

Summer Term only

Development Squad Tuesday 7.30am – 8.30am

Performance Squad Thursday 7.30am -8.30am (by invitation)

A wonderful way to start the day with our Early Morning Swimming Club. Children will be advised as to which squad they should attend.

Prep

Extra - Curricular Clubs

Tennis Club

Summer Term and first half of Autumn Term

Seniors Forms 4 and L6 - Tuesdays at 5pm

Juniors Forms 1,2 and 3 - Tuesdays - 4.10pm to 4,55pm and Fridays 4.10pm to 4,55pm

M:Tech - 30 minute lessons

Wednesday and Friday - 4.10pm - 5.40pm

M:Tech is a creative composition course in which children create exciting music using the latest music technologies. The course is available to all Prep children and is suitable for all levels of musical ability.

Join our digital world by composing with futuristic synths and cyber sound effects. Take control of technology as M:Tech teleports into Project 'FUTURESCAPE'

A digital download is emailed directly to parents and a Certificate will be given out in assembly at the end of each term.

Please note: It is important to understand M:Tech is not a club or an activity. It is a group instrumental lesson teaching creative composition with a clear graded learning curve, therefore we apply the same terms and conditions as for instrumental lessons notice is required by half term in order to stop at the end of term.

This course is administered directly by M:Tech and so to register your child's interest and make payment please sign up online at www.mtechonline.co.uk or contact Pia, Rebecca or Ann on 01483 578114.

Prep

Extra- Curricular Clubs

OTHER CLUBS - Non paid for by Cognita Connect

Cross Country Club

Autumn Term only

Friday lunchtime – Meet at 1.25pm

All Prep children can take part in Cross Country Club which takes place every Friday lunchtime at 1.25pm. Suitable training shoes and match tops should be worn.

Senior Drama Club

Thursday - 1.30pm

YEARS 6, 7 AND 8

A Drama Club for Years 6, 7 and 8. The sessions will include Drama games, improvisation and script work. Developing presentation skills and confidence in front of an audience.

Chatterbooks

A book club run by Mrs Ashford for Prep children. Dates and times are advised on a termly basis for each year group.

Ukele Club

Tuesday 4pm - 4.30pm

YEAR 3

A fun music club for Year 3 pupils. They do not need to read music.

Email Adrian.davies@milbournelodge.co.uk for details.

Prep Music Lessons

Music is seen as an integral part of school life at Milbourne Lodge. Learning to play and appreciate music can encourage participation, teamwork, and a sense of group identity, as well as increasing creativity. It promotes self-confidence and social skills and supports learning in other areas.

Many pupils are encouraged to play a musical instrument. Lessons are mostly during the lunch-hour, games time or after school. Every effort is made to ensure that boys and girls do not miss matches for music lessons. *Please note that lunchtime lesson slots are very limited.*

During the Spring Term in Year 3, pupils study a project on the Instruments of the Orchestra in class. In the Summer Term, this is followed by a series of free instrumental taster sessions offered by the peripatetic staff, where pupils can try out two instruments of their choice. This gives them a "hands on" opportunity to experience what it might be like to play an instrument, and can be a good moment to make an informed decision about instrumental lessons.

The school also has a number of instrumental ensembles, as well as a Junior Choir (NCY3-4), which rehearses on Wednesday lunchtime and a Senior Choir (NCY5-8), which rehearses on Tuesday lunchtime.

We have a team of peripatetic teachers who offer piano, singing, violin, viola, guitar, flute, oboe, saxophone, clarinet, trumpet, trombone, French horn and music theory.

If you would like your child to have music lessons at school and/or join one of the school choirs, please email our Director of Music, Mrs Rachel Bowen-Perkins:

rachel.bowen-perkins@milbournelodge.co.uk

with your child's name and Year group for September, which instrument they would like to learn and current standard (if appropriate) and / or if they would like to join the school choir.

The personal information you provide will be passed to the relevant peripatetic music teacher. The agreement for music lessons is between the parent and the self-employed peripatetic music teacher, not Milbourne Lodge School. You will be contacted directly by the peripatetic music teacher to arrange music lessons. The rate for music lessons for 2021-2022 is £22 per half hour lesson billed termly at £220 per term paid in advance for a maximum of 30 lessons per academic year.

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