

Soup Kettle

MONDAY
Absolutely Soup-er
Spiced Pumpkin, Freshly
Baked Bread

TUESDAY
Absolutely Soup-er
Leek & Potato, Freshly
Baked Bread

WEDNESDAY
Absolutely Soup-er
Tomato & Fennel, Freshly
Baked Bread

THURSDAY
Absolutely Soup-er
Cauliflower & Lentil,
Freshly Baked Bread

FRIDAY
Absolutely Soup-er
Creamy Corn Chowder,
Freshly Baked Bread

TASTY MAINS

MONDAY
Chicken Fajitas, Sour Cream,
Salsa & Guacamole

TUESDAY
Local Butcher Sausages &
Gravy

WEDNESDAY
Classic Beef Bolognaise,
Parmesan Cheese

THURSDAY
Lemon & Thyme Roast
Chicken

FRIDAY
Breaded Fish of the Day,
Homemade Tartare Sauce

veggie LOVERS

MONDAY
Leek & Cheddar Tart

TUESDAY
Vegetarian Sausages &
Onion Gravy

WEDNESDAY
Mushroom, Spinach &
Lentil Lasagne, Parmesan
Cheese

THURSDAY
Roasted Vegetable &
Lentil Stew &, Dumplings

FRIDAY
Halloumi & Vegetable
Donner with Sweet Chilli
Sauce

ON THE SIDE

MONDAY
Braised 50/50 Rice
Broccoli
Corn on the Cobs

TUESDAY
Mashed Potatoes
Creamed Leeks
Garden Peas

WEDNESDAY
Pasta Spirals
Broccoli
Winter Garden Salad

THURSDAY
Thyme Roasted Potatoes
Wilted Greens
Roast Carrots & Parsnips

FRIDAY
Chips
Garden Peas
Baked Beans

Glorious
Food

Light Bites

MONDAY
Baked Potato, Boston
Beans & Cheese

TUESDAY
Penne Pasta with Tomato
Basil Sauce

WEDNESDAY
Baked Potato, Mild Beef
Chilli & Sour Cream

THURSDAY
Pasta Spirals with Broccoli
& 4 Cheese Sauce

FRIDAY
Baked Potato, Chickpea,
Squash & Spinach Balti

DESSERTS

MONDAY
Winterberry Sundae
Fresh Fruit & Fruit Yogurt

TUESDAY
Milbourne Trifle
Fresh Fruit & Fruit Yogurt

WEDNESDAY
Fruit Flapjack
Fresh Fruit & Fruit Yogurt

THURSDAY
Lemon Drizzle
Fresh Fruit & Fruit Yogurt

FRIDAY
Apple, Cinnamon & Oat Bar
Fresh Fruit & Fruit Yogurt

THIS Week's MENU

PICK & MIX SALADS AVAILABLE DAILY

Soup Kettle

MONDAY
Absolutely Soup-er
Roasted Tomato, Freshly
Baked Bread

TUESDAY
Absolutely Soup-er
Roasted Roots & Sage,
Freshly Baked Bread

WEDNESDAY
Absolutely Soup-er
Mulligatawny, Freshly
Baked Bread

THURSDAY
Absolutely Soup-er
Tomato, Lentil & Paprika,
Freshly Baked Bread

FRIDAY
Absolutely Soup-er
Creamy Celeriac, Freshly
Baked Bread

TASTY MAINS

MONDAY
Penne Carbonara,
Parmesan

TUESDAY
Beef Taco Tuesday

WEDNESDAY
Tandoori Chicken Masala,
Mango Chutney & Mint
Raita

THURSDAY
Roast Pork, Crackling &
Gravy

FRIDAY
Beef Burger in a Bun

veggie LOVERS

MONDAY
Crispy Cauliflower Topped
Mac n Cheese

TUESDAY
Spiced Quorn Taco
Tuesday

WEDNESDAY
Squash, Spinach &
Coriander Biryani, Mango
Chutney & Mint Raita

THURSDAY
Aubergine Parmigiana,
Basil, Oregano & Tomato

FRIDAY
Ultimate Veggie Burger in
a Bun

ON THE SIDE

MONDAY
Penne Pasta
Roasted Broccoli
Winter Salad

TUESDAY
Potato Wedges
Sweetcorn
Salad

WEDNESDAY
Pilau Rice
Green Beans
Roasted Carrot & Cumin

THURSDAY
Thyme Roasted Potatoes
Wilted Greens
Broccoli

FRIDAY
Chips
Garden Peas
Baked Beans

Glorious
Food

Light Bites

MONDAY
Baked Potato, Beef
Bolognaise

TUESDAY
Penne Pasta with Roasted
Tomato & Ricotta Sauce

WEDNESDAY
Baked Potato, BBQ Boston
Beans & Cheese

THURSDAY
Roasted Tomato & Red
Lentil Pasta Bake

FRIDAY
Baked Potato, Mexican
Chicken & Sour Cream

DESSERTS

MONDAY
Cinnamon Apple Slice
Fresh Fruit & Fruit Yogurt

TUESDAY
Chocolate Brownie
Fresh Fruit & Fruit Yogurt

WEDNESDAY
Rice Pudding &
Fruit Compote
Fresh Fruit & Fruit Yogurt

THURSDAY
Satsuma Jelly Pot
Fresh Fruit & Fruit Yogurt

FRIDAY
Milbourne Mess
Fresh Fruit & Fruit Yogurt

THIS *Week's* MENU

PICK & MIX SALADS AVAILABLE DAILY

Soup Kettle

MONDAY
Absolutely Soup-er
Roasted Winter Squash,
Freshly Baked Bread

TUESDAY
Absolutely Soup-er
Broccoli & Blue Cheese,
Freshly Baked Bread

WEDNESDAY
Absolutely Soup-er
Chipotle Red Pepper,
Freshly Baked Bread

THURSDAY
Absolutely Soup-er
Carrot & Parsnip, Freshly
Baked Bread

FRIDAY
Absolutely Soup-er
Sweet Potato & Miso,
Freshly Baked Bread

TASTY MAINS

MONDAY
Pork & Sage Hot-Pot

TUESDAY
Teriyaki Chicken with
Chow Mein Noodles

WEDNESDAY
Chilli Beef n Bean, Sour
Cream & Refried Beans

THURSDAY
Roast Beef, Yorkie
Pudding & Gravy

FRIDAY
Jumbo Fish Fingers,
Homemade Tartare Sauce

veggie LOVERS

MONDAY
Winter Greens & Puy
Lentil Moussaka

TUESDAY
Sweet & Sour Tofu with
Singapore Noodles

WEDNESDAY
Pulled Jackfruit, lime &
Coriander Burritos

THURSDAY
Pumpkin, Courgette &
Chickpea Tagine

FRIDAY
Roasted Vegetable
Jambalaya

ON THE SIDE

MONDAY
Mashed Potato
Steamed Cauliflower
Roasted Carrots

TUESDAY
Oriental Veg Stir-Fry
Baby Corn
Prawn Crackers

WEDNESDAY
Mexican Rice
Green Beans
Charred Corn

THURSDAY
Roasted Potatoes
Winter Greens
Crushed Carrot & Swede

FRIDAY
Chips
Garden Peas
Baked Beans

Glorious
Food

Light Bites

MONDAY
Baked Potato, Moroccan
Falafel, Spiced Tomato
Sauce

TUESDAY
Penne Pasta with Squash
Ragu

WEDNESDAY
Baked Potato, Mexican
Black Bean Stew

THURSDAY
Penne Pasta with Roasted
Tomato, Basil & Red Lentil

FRIDAY
Baked Potato, Baked
Beans & Cheese

DESSERTS

MONDAY
Strawberry Jelly Pots
Fresh Fruit & Fruit Yogurt

TUESDAY
Chocolate Chip Sponge
Fresh Fruit & Fruit Yogurt

WEDNESDAY
Rice Pudding &
Fruit Compote
Fresh Fruit & Fruit Yogurt

THURSDAY
Greek Yogurt &
Blackberry Sundae
Fresh Fruit & Fruit Yogurt

FRIDAY
Spiced Pumpkin Cake
Fresh Fruit & Fruit Yogurt

THIS *Week's* MENU

PICK & MIX SALADS AVAILABLE DAILY