



THIS WEEK'S MENU

MONDAY

Dish of the Day

Spaghetti Bolognaise (beef)
with Garlic & Herb Bread

Vegetarian Option

Ratatouille with Garlic & Herb
Bread

Served with
Carrots & Peas

Snack Option

Jacket/Sweet Potato
and a choice of Fillings

Dessert

Iced Carrot Cake

OR

Fresh Fruit Salad &
Greek Yoghurt

TUESDAY

Dish of the Day

Sausage and Mash with
Onion Gravy

Vegetarian Option

Goats Cheese & Sundried
Tomato Quiche

Served with
Broccoli & Beans

Snack Option

Pasta with Tomato Sauce

Dessert

Fresh Fruit Salad

OR

Berry Coulis & Greek Yoghurt

WEDNESDAY

Dish of the Day

Turkey Stir-Fry with
Egg Noodles

Vegetarian Option

Lentil & 3 Bean Chilli Wrap

Served with
Cauliflower & Savoy
Cabbage

Snack Option

Jacket/Sweet Potato
and a choice of Fillings

Dessert

Orange Jelly with Orange
segments

OR

Fresh Fruit Salad &
Greek Yoghurt

THURSDAY

Dish of the Day

Roast Gammon with Roast
Potato and Gravy

Vegetarian Option

Stuffed Aubergine with
Courgette & Peppers

Served with
Roast Carrot & Parsnip

Snack Option

Cheese & Tomato Quesadilla

Dessert

Dried Fruit Flapjack

OR

Fresh Fruit Salad &
Greek Yoghurt

FRIDAY

Dish of the Day

Chicken Burger with
Cajun Wedges & Ketchup

Vegetarian Option

Falafel Burgers with Red
Cabbage & Minted Yoghurt

Served with
Sweetcorn

Snack Option

Jacket/Sweet Potato
and a choice of Fillings

Dessert

Fresh Fruit Salad

OR

Fruit Coulis & Greek Yoghurt





THIS WEEK'S MENU

MONDAY

Dish of the Day
Penne with Chicken &
Tomato Sauce

Vegetarian Option
Vegetable & Spinach
Lasagne

Served with
Garden Peas & New Potato

Snack Option
Jacket/Sweet Potato
and a choice of Fillings

Dessert
Mango Coulis &
Greek Yoghurt
OR
Fresh Fruit Salad

TUESDAY

Dish of the Day
Chilli Con Carne with Tacos,
Fajita Wedges and Salsa

Vegetarian Option
Chunky Vegetable Taco with
Patatas Bravas

Served with
Sweetcorn & Cabbage

Snack Option
Pasta & Tomato Sauce

Dessert
Sticky Toffee Pudding with
Pouring Cream
OR
Fresh Fruits & Greek Yoghurt

WEDNESDAY

Dish of the Day
Butter Chicken Masala with
Pilau Rice and Condiments

Vegetarian Option
Paneer Tikka Masala with
Pulao Rice & Mango Chutney

Served with
Spice Roasted Cauliflower

Snack Option
Jacket/Sweet Potato
and a choice of Fillings

Dessert
Fruit Jelly Pots
OR
Fresh Fruits & Greek Yoghurt

THURSDAY

Dish of the Day
Roasted Pork served with
Parmentier Potato & Gravy

Vegetarian Option
Mushroom Stroganoff

Served with
Roasted Seasonal Veg

Snack Option
Tuna Wraps

Dessert
Bread & Butter Pudding with
Orange Marmalade
OR
Fresh Fruits & Greek Yoghurt

FRIDAY

Dish of the Day
Battered Fish served with
Chips & Tartar Sauce

Vegetarian Option
Crispy Vegetable Tempura
with Sweet Chilli Sauce

Served with
Carrot & Beans

Snack Option
Jacket Potato
and a choice of Fillings

Dessert
Fresh Fruit Salad
OR
Berry Coulis &
Greek Yoghurt





THIS WEEK'S MENU

MONDAY

Dish of the Day

Grilled Chicken with Creamy Mash & Gravy

Vegetarian Option

Spring Vegetable Pie

Served with
Broccoli & Carrots

Snack Option

Jacket/Sweet Potato
and a choice of fillings

Dessert

Mandarin & Orange Sponge
with Caramel Custard

OR

Fresh Fruit & Greek Yoghurt

TUESDAY

Dish of the Day

Stir Fry Beef with Noodles & Crackers

Vegetarian Option

Sweet Potato & Spinach
Frittata

Served with
Cauliflower & Beans

Snack Option

Pesto Pasta

Dessert

Fresh Fruits Salad

OR

Granola & Greek Yoghurt

WEDNESDAY

Dish of the Day

Pork Meatballs with
CousCous

Vegetarian Option

Moroccan Vegetables with
Coriander & Lime CousCous

Served with
Ratatouille & Garden Peas

Snack Option

Jacket/Sweet Potato
and a choice of fillings

Dessert

Strawberries in Strawberry
Jelly

OR

Fresh Fruits & Greek Yoghurt

THURSDAY

Dish of the Day

BBQ Chicken with Minted
boiled new Potatoes

Vegetarian Option

Asparagus & Spring Greens
Risotto

Served with
Roasted Seasonal Veg

Snack Option

Fajita Wrap

Dessert

Chocolate Rice Krispie

OR

Fresh Fruits & Greek Yoghurt

FRIDAY

Dish of the Day

Fish Fingers with Chips &
Mushy Peas

Vegetarian Option

Halloumi & Roasted Pepper
Burger with Sweet Potato
Chips

Served with
Mixed Vegetables

Snack Option

Jacket Potato
and a choice of fillings

Dessert

Fresh Fruit Salad

OR

Strawberry Coulis & Yoghurt

